

CONTENTS

CHAPTER

1

Conceptual models and the nursing approach	2
1.1 Context and its influence on nursing practice.....	5
1.1.1 The self-questioning nurse.....	5
1.1.2 The nurse's scope of practice.....	6
1.2 Conceptual models of nursing.....	8
1.2.1 Definition of a conceptual model.....	10
1.2.2 What is included in a conceptual model.....	10
1.2.3 What makes a conceptual model useful.....	10
1.2.4 Examples of conceptual models.....	11
1.3 The nursing process.....	12
1.4 Conceptual models and the nursing process: Differences and interconnections.....	16
1.4.1 Added value in the nurse's everyday practice.....	17

CHAPTER

2

The McGill conceptual model	22
2.1 History and foundations of the McGill conceptual model.....	25
2.1.1 Foundations of the McGill Model: National and international influences.....	27
2.1.2 Components of the McGill Model.....	29
2.2 Concepts and major characteristics of the McGill Model.....	33
2.2.1 Health.....	33
2.2.2 The person/family.....	37
2.2.3 The environment: A setting in which to learn.....	38
2.2.4 Nursing and the collaborative partnership.....	38
2.2.5 Learning and its connection with all concepts.....	43

CHAPTER

3

The nursing process inspired by the McGill Model	50
3.1 How the McGill Model affects the nurse's overall practice.....	52
3.1.1 A nursing practice based on collaboration.....	54
3.2 Specific aspects of applying the nursing process.....	54
3.2.1 Two phases that constantly overlap.....	54
3.2.2 The person/family's active participation in the care approach.....	55
3.2.3 Adjusting nursing interventions based on the person/family's understanding of the situation.....	58
3.3 Tools to help you apply the nursing process in the spirit of the McGill Model.....	64
3.3.1 Applying the nursing process: A general outline.....	64
3.3.2 Using the McGill Model in clinical practice: A checklist.....	64

CHAPTER

4

Assessment: Collecting, analyzing, and interpreting data	72
4.1 Assessing the health concern: Phase 1 of the nursing process.....	74
4.1.1 The nurse's role during the assessment.....	77
4.1.2 Information sources.....	80

4.2	The data collection stage	80
4.2.1	The existing situation: Four aspects to explore.	81
4.2.2	Desired situation: Elements to be defined	93
4.2.3	Data collection tools	99
4.3	The data analysis and interpretation stage	104
4.3.1	A systems-based understanding of the health situation.	105
4.3.2	The concept of “need”	106
4.3.3	The concepts of “problem,” “challenge,” and “concern”.	107
4.3.4	Working hypotheses	109
4.3.5	Assessment findings and the person/family’s level of understanding.	112
4.3.6	A method for analyzing and interpreting data.	114
4.3.7	Tools for analyzing and interpreting data	114

CHAPTER

5

Implementation: Planning care and carrying out interventions

5.1	Phase 2 of the nursing process: Implementation.	130
5.1.1	Influence of the McGill Model on how care is planned and how interventions are carried out.	131
5.2	Planning care.	138
5.2.1	The nurse’s planning tool: The nursing care plan [NCP].	139
5.2.2	The NCP and the collaborative approach	139
5.2.3	Tools for developing the NCP with the person/family	145
5.3	Carrying out interventions	152
5.3.1	Influence of the McGill Model on the way interventions are carried out.	152
5.3.2	Recording how interventions are carried out.	160
5.3.3	Tools to help you recognize collaboration during interventions.	163

CHAPTER

6

Implementation: Evaluating outcomes

6.1	Evaluating outcomes	172
6.1.1	Purpose and usefulness of evaluating outcomes	174
6.1.2	Ongoing progress evaluations	174
6.1.3	Evaluating NCP outcomes	175
6.1.4	Roles of the nurse and the person/family in evaluating outcomes	177
6.2	How the McGill Model guides the outcome evaluation stage.	178
6.2.1	Preparing for an outcome evaluation with the person/family	179
6.2.2	Reviewing the NCP	180
6.2.3	Concluding the NCP review	183
6.2.4	Tools for reviewing the NCP and recording the evaluation of outcomes	185
	Bibliography	190
	Index	192